



# Friday Night Race Series

## April 1 to August 26, 2011

### Sailing Instructions



UCLA MARINA AQUATIC CENTER, MARINA DEL REY, CA USA  
 (310) 823-0048 mac@recreation.ucla.edu

#### 1.0 RULES

- 1.1 This regatta shall be governed by *The Racing Rules of Sailing (RRS for 2009-2012)*, the policies and procedures of UCLA Marina Aquatic Center, and these sailing instructions.
- 1.2 Class rules in regards to regulation sails and rigging do not apply to any boats launched out of UCLA.

#### 2.0 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted near the fire pit at the MAC.

#### 3.0 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 5:45 PM on the day of the races.

#### 4.0 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the main flag pole or the firepit.

#### 5.0 SCHEDULE OF RACES

- 5.1 Dates of Racing: Every Friday Night during the time period of April 1 to August 26, 2011
- 5.2 Number of Races: To be determined by the RC each evening depending on the weather, wind, and time of sunset. The RC will attempt to run between three and nine races each evening.
- 5.3 The scheduled time of the warning signal for the first race each night is 6:00 PM. No races will be started after Sunset.
- 5.4 Competitors must register at the Marina Aquatic Center by paying the appropriate fee and signing in. Competitors bringing their own (ie non-UCLA) boat need only check in with the Race Committee (no entry fee is required.) Staff are exempt from racing fees per rules set by the Head Sailing Instructor.

#### 6.0 CLASS FLAGS

- 6.1 Laser: Laser Class Penant
- V-15 & RS Vision: Blue Flag
- Capri 14.2: Yellow Flag

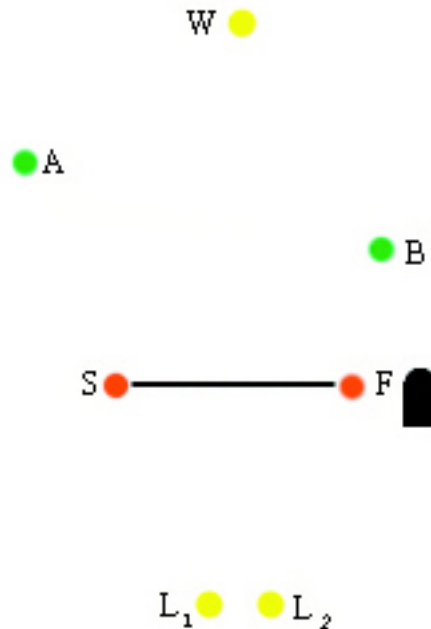
#### 7.0 RACING AREA

- 7.1 The racing area will be the Entrance Channel of Marina del Rey. In case of unsafe conditions the race will be moved to the firepit for a barbecue.

#### 8.0 COURSES

- 8.1 The courses to be sailed will be as follows:  
(see diagram to right)

Pennant	Course Description
1.	SF - W - L1L2 - SF
2.	SF - W - L1L2 - W - L1L2 - SF
3.	SF - W - A - B - S - L1L2 - SF
4.	SF - W - SF
5.	As Signalled by RC



#### 9.0 MARKS

- 9.1 Mark positions are approximate and may be adjusted to accommodate wind conditions.
- 9.2 Mark W is a large inflated yellow mark. Marks L1 & L2 are yellow buoys which act as a gate. Mark L1 & L2 can be replaced with just one yellow mark for a leeward rounding mark at the discretion of the race committee who will announce the change before the first race. Mark A and B are Green Buoys. In all courses all marks are rounded to leeward except mark B which is rounded to windward. Mark S and F are Orange Buoys.

- 9.3 The starting line and finishing marks will be S and F.
- 10.0 **AREAS THAT ARE OBSTRUCTIONS**
- 10.1 The following areas are designated as obstructions: the power channels. Entering a power channel may result in a disqualification for the evening at the discretion of the RC.
- 11.0 **THE START**
- 11.1 Racing will be started as follows: Appendix S - Sound Signal Starting System will be used. This changes rule 26. The RC may shorten Appendix S to a 2 minute sequence by announcing the change before any race.
- 11.2 The starting line will be between two orange buoys (Marks S and F).
- 11.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4 A boat starting later than two minutes after her starting signal shall be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 12.0 **RESERVED**
- 13.0 **THE FINISH**
- 13.1 The finishing line will be between two orange buoys (Marks S and F).
- 14.0 **RESERVED**
- 15.0 **TIME LIMITS AND TARGET TIMES**
- 15.1 Individual race target times are 10 to 25 minutes per race.
- 15.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes may be scored Did Not Finish without hearing. This changes rules 35, A4, and A5.
- 16.0 **PROTESTS AND REQUESTS FOR REDRESS**
- 16.1 Protest forms are available at the front desk.
- 16.2 For each class the protest time limit is 30 minutes after the race committee has docked
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform the competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the classrooms or by the firepit (to be determined by the RC).
- 16.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.5 If the race committee posts a list of boats scored OCS, ZPF, or BFD on the official notice board before the protest time limit, a request for redress based on such a posted score shall be made no later than 30 minutes after posting said list. This changes the first sentence of rule 62.2
- 17.0 **SCORING**
- 17.1 The low point system applies each night. The overall series score will use the low point system.
- 17.2 Two races are required to be completed to constitute a night of racing.
- 17.3 No throwouts will be given during a night of racing.
- 17.4 Twenty-Three Nights of racing are scheduled. Two Nightly throwouts will be granted after Ten Races. Four Nightly throwouts will be granted after Twenty Races. Five throwouts will be granted at the end of the series.
- 17.5 To encourage sailors to act as Race Committee, a sailor will receive the average of his or her scores up to the date that he or she acts as the RC minus one. If a sailor is RC before he or she races then his or her scores will be the score of his or her first race.
- 18.0 **SAFETY REGULATIONS**
- 18.1 All boats are required to check in with the race committee each night. Signing the entry sheet will be considered a valid check in. Hailing the stern of Race Committee boat on starboard tack will also suffice.
- 18.2 A boat that retires from a race shall notify the race committee as soon as possible.
- 18.3 All competitors are required to properly wear a PFD while on the water at all times.
- 19.0 **RESERVED**
- 20.0 **RESERVED**
- 21.0 **RESERVED**
- 22.0 **RESERVED**
- 23.0 **RESERVED**
- 24.0 **TRASH DISPOSAL**
- 24.1 Boats shall not put trash in the water. Trash may be placed aboard support and race committee boats. Placing trash in the water may result in a disqualification for the night at the discretion of the RC
- 25.0 **RESERVED**
- 26.0 **RESERVED**
- 27.0 **RADIO COMMUNICATION**

- 27.1** Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.
- 28.0 PRIZES**
- 28.1** Trophies will be awarded to the winner of each one design class listed below at the end of the night provided that following is met:  
Minimum Fleet Size:  
Laser: **8**  
Vanguard 15/RS Vision: **5**  
Capri 14.2: **5**
- 28.2** The RC has complete discretion on the awarding of trophies, and may alter the above scheme based on the principles of competition and good sportsmanship.
- 29.0 DISCLAIMER OF LIABILITY**
- 29.1** Competitors participate in the regatta entirely at their own risk. See rule 4, Decisions to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.
- 30.0 BYOBBQ**
- 30.1** Barbeque grill will be provided.
- 31.0** Races at the UCLA MAC are intended to provide a fun learning environment. As such the RC has the discretion each night to appoint or act as an on-the-water judge during any evening to enforce the rules of sailing in order to provide a fun learning environment.

## APPENDIX S – SOUND-SIGNAL STARTING SYSTEM

*This appendix is a US SAILING prescription. US SAILING prescribes that, when the sailing instructions so indicate, the Sound-Signal Starting System described below shall be used. This system is recommended primarily for small-boat racing and makes it unnecessary for competitors to use stopwatches. Supplemental visual course and recall signals are also recommended when practicable.*

**S1** Course and postponement signals may be made orally.

**S2** Audible signals shall govern, even when supplemental visual signals are also used.

**S3** The starting sequence shall consist of the following sound signals made at the indicated times:

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	0

**S4** Signals shall be timed from their commencement.

**S5** A series of short signals may be made before the sequence begins in order to attract attention.

**S6** Individual recalls shall be signalled by the hail of the sail number (or some other clearly distinguishing feature) of each recalled boat. Flag X need not be displayed.

**S7** Failure of a competitor to hear an adequate course, postponement, starting sequence or recall signal shall not be grounds for redress.

**Pennant**

1.



**Course Description**  
SF - W - L1L2 - SF

2.



SF - W - L1L2 - W - L1L2 - SF

3.



SF - W - A - B - S - L1L2 - SF

4.



SF - W - SF

5.



As Displayed/signalled by RC

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W ●

● A

● B

S ● ————— ● F ●

L<sub>1</sub> ● ● L<sub>2</sub>